

At Iowa Family Counseling,
we understand the
importance of fostering a
healthy and productive work
environment. As a local
provider, we are deeply
committed to supporting your
employees with genuine,
empathetic and collaborative
mental healthcare while
helping your business thrive.

By offering Employee
Assistance Program (EAP)
services, your business can
provide employees with
professional support to
address personal and work-
related challenges at no cost
to them.

All EAP services are
confidential, ensuring
employees feel safe seeking
help without concern for their
privacy.



Our goal is to promote
employee well-being, enhance
job performance, and reduce
workplace stress through
accessible, confidential, and
effective counseling services.

Let's work together to support
your team and build a
healthier, more productive
workplace.

CONTACT US

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EMPLOYEE ASSISTANCE PROGRAM

YOUR
LOGO
HERE

What is an EAP?

Our Employee Assistance Program (EAP) is a confidential, employer-sponsored service designed to support the well-being of your workforce and improve workplace productivity.

An EAP offers professional support and resources to help employees manage personal and work-related challenges that may affect their performance.

What is included?

- Clinical evaluation of employee's mental health, substance abuse, work/life issues and workplace concerns
- Development of a treatment plan for identified personal and workplace concerns
- Short-term counseling services utilizing solution-focused approach

Benefits for Your Company:

- Improved Productivity: Employees perform better when personal challenges are addressed
- Reduced Absenteeism: Early intervention helps prevent issues from escalating
- Lower Healthcare Costs: Supporting mental health leads to healthier employees
- Stronger Workplace Culture: Demonstrates your commitment to employee well-being

Benefits for Your Employees:

- Confidential Support: Private, professional counseling services at no cost to them
- Convenient Access: Local providers, in-person or virtual options
- Work-Life Balance: Guidance on personal, family, and financial challenges
- Family Support: Services available for employees and may be extended to their immediate family members

How it Works:

We offer customizable EAP packages with flexible fee structures to meet your business's budget and needs.

Flexible Fee Structures

Per Employee Per Month (PEPM):
Fixed monthly rate per employee, regardless of usage.

Fee-for-Service (Pay-as-You-Go):
Pay only for services used.

Session-Based Packages:
Purchase a set number of sessions for employees to use collectively.

